

YOUNG VOLUNTEER'S PROGRAMME
2018/19

The West Midlands Young Volunteer's Programme is open to any Swim England club member from within the West Midlands aged 14 – 16 years on day of course.

There are a total of 64 places available on the programme, places will be filled on a first come, first served basis. Once all places are filled your name will be added to a waiting list, and notified is a place becomes available. We are running the programme out of two venues this year, you can choose to either attend at the Royal Life Saving Society in Worcester or The Snow Dome in Tamworth.

The cost per young volunteer is £25, payable by BACS transfer or cheque following confirmation of your place on the programme.

The project will give you the skills, experience and qualification to help volunteer at your club. Volunteering is a really great way of giving something back to your club, but it also gives you valuable life skills in preparation for adulthood.

This year's courses will include:

- **First Steps into Coaching** – This course is designed to help you understand the different roles within coaching. It covers the knowledge, skills and qualities that are required to take your first steps into coaching.
- **Timekeeper Course** - This is an introduction into the world of the swimming official. It covers the practical aspects of what is required of a timekeeper by means of a short theory session followed by a practical assessment.
- **Aquatic Helper Course** – This course is designed for people who wish to actively assist on poolside in any aquatic environment e.g. clubs or learn to swim schemes.
- **Life Support Course** – Life Support covers the basics of how to perform CPR, including the diagnosis and treatment for Choking, Bleeding and Shock on an Adult Casualty.

The dates and venues for the courses are as follows:

| | First Steps into Coaching | Aquatic Helper Course | Timekeeping Course | Life Support Course |
|--------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|
| Venue | RLSS Worcester | RLSS Worcester | RLSS Worcester | RLSS Worcester |
| Date | Saturday 2 nd March 2019 | Saturday 2 nd March 2019 | Saturday 2 nd March 2019 | Saturday 2 nd March 2019 |
| Time | 10:30am-12:30pm | 1:00pm-4:00pm | | 1:00pm-4:00pm |
| Date | | Sunday 10 th March 2019 | Sunday 10 th March 2019 | Sunday 10 th March 2019 |
| Time | | 10:00am-1:00pm | 1:30pm-3:00pm | 10:00am-1:00pm |

| | First Steps into Coaching | Aquatic Helper Course | Timekeeping Course | Life Support Course |
|--------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------|
| Venue | Tamworth Snowdome | Tamworth Snowdome | Tamworth Snowdome | Tamworth Snowdome |
| Date | Saturday 2 nd March 2019 | Saturday 2 nd March 2019 | Saturday 2 nd March 2019 | Saturday 2 nd March 2019 |
| Time | 10:30am-12:30pm | 1:00pm-4:00pm | | 1:00pm-4:00pm |
| Date | | Sunday 10 th March 2019 | Sunday 10 th March 2019 | Sunday 10 th March 2019 |
| Time | | 10:00am-1:00pm | 1:30pm-3:00pm | 10:00am-1:00pm |

You are required to attend both dates at the same venue and all four courses above, to complete at least 10 hours volunteering at your club, and to attend and help at a County and/or regional event. You will be given a log book for completion when attending the course.

To book your place on the programme please complete the application form and return to the address below by the closing date of **Friday 15th February, 2019.**

**WEST MIDLANDS
YOUNG VOLUNTEER'S PROGRAMME**

**2018/19
Application form**

Name.....

Club

Address.....

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Postcode Date of Birth

Email

Telephone.....

Do you have any special needs / disability?

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Venue: Tamworth Snowdome [] RLSS []

T-Shirt Size (please tick): Small [] Medium [] Large []

Signed..... Date

Parent's/ Carer's signature confirming consent to attend the project

Email for future correspondence.....

NB Your confirmation on to the programme will be sent by email.

Emergency contact no.....

PHOTO CONSENT FORM
YOUNG VOLUNTEER'S PROGRAMME

Note: this form must be read and completed after reading the Swim England Photography Guidance below.

The organisers of the young volunteer's programme 2019 may wish to take photographs of individual and/or groups of members under the age of 18 that may include your child during their participation in the camp. All photographs will be taken and published in line with the Swim England Photography Guidance.

The organisers of the young volunteers programme 2019 require parental consent to take and use all photographs.

Parents have a right to refuse agreement to their child being photographed.

As the parent or carer of _____ please complete them form below in respect of your child or children.

Please note you can withdraw your consent in writing to westmidland@swimming.org at any time should you wish to.

Take photographs to use on the Swim England and participating club websites:

Consent given/Consent refused*

Take photographs to use on the Swim England and participating club social networking sites:

Consent given/Consent refused*

Take photographs to include with newspaper articles:

Consent given/Consent refused*

Take photographs to use on the Swim England and participating club's notice boards:

Consent given/Consent refused*

Signed (parent/carer):

Print name:

Date:

Please return by Friday 15th February, 2019 to:

Swim England West Midlands, Unit 7 Basepoint Business Centre, Isidore Road, Bromsgrove Enterprise Park, Bromsgrove, Worcs B60 3ET or email to westmidland@swimming.org