



Rugby Open: INFORMATION PACK **Saturday 12th & Sunday 13th March**

Welcome

We're pleased to welcome swimmers from the following clubs to our Rugby Open Meet

Club Name	Club Name	Club Name	Club Name
Birm'ham Uni	Hinckley	OadbyWigston	Strat Sharks
Camp Hill	Kettering	Peterbo SPG	Warley Wasps
Co Birm'ham	Kidlington	Rugby	Welshpool
Co Coventry	Leic Sharks	Rushden	West Suffolk
Corby	Newcastle St	Solihull	
Daventry	Nuneaton	Southam	

Hopefully we can make it a fun and enjoyable experience, especially for those younger swimmers who are experiencing competing for the first time!

Covid Update

- There are no covid restrictions in place

Session Timings

- We aim to run the meet according to the following times:
 - **Session 1:** Saturday 12th March **Warm up 12.45** Start 13.45 (session 3hrs)
 - **Session 2:** Saturday 12th March **Warm up 17.00** Start 18.00 (session 2.5hrs)
 - **Session 3:** Sunday 13th March **Warm up 08.30** Start 09.30 (session 3hs)
 - **Session 4:** Sunday 13th March **Warm up 13.00** Start 14.00 (session 2.5hrs)

Entry Poolside

- **Swimmers will be allowed poolside at approx. 12.30pm.** Please don't arrive too early as we are not allowed entry before then
- Swimmers will **enter poolside via the fire escape door at the front of the centre.**
- All spectators and officials will enter via the main centre reception.
- There will be plenty of Rugby volunteers to help point you in the right direction on the day.
- **Each club has been allocated an area around the pool - [See attached the Pool Layout Diagram](#)**
- **Swimmers who have entered as an individual please report to Rugby Team Manager (Michelle)**
- We will be using the seating area around both the main pool and the cool down pool for clubs to base themselves
- The centre will not allow pop up chairs poolside. They will however provide benches for around the cool down pool area

General Information

- Swimmers should arrive ready to swim, to enable a prompt start to warm up
- The meet is full therefore we are requesting that no large swim bags are to be brought pool side. Swimmers should bring a smaller bag instead
- Lockers are available if required
- The studio pool can be used for cool down during the sessions.
- The marshalling area and line up will take place within the changing village. Please ensure swimmers are sent to the area when called.
- A professional photographer will be around all weekend taking photos and capturing memories of your swimmers
- Photos will be available to view and purchase at the competition

Officials/Coaches/Team Managers

- A coach's pack will be available for collection on the day containing poolside passes. Please note you will need a pass to gain access poolside
- Officials will meet in the upstairs studio for their briefings before start of session. Please go straight there on arrival for refreshments.
- Hot food will be available in the upstairs studio during the break for all Officials, Coaches, Team Managers and volunteers
- Sweets will be handed out poolside and drinks will be replenished poolside
- We will not be providing bottles of water. We do have some spare plastic cups if needed but ordinarily we're re-filling personal bottles

Warm up

- Warm up will last for one hour prior to the start of each session, and will be split into 4 groups (10min warm up, 5min dives)
- Coaches will be provided with the plan for warm up at the competition
- Swimmers who are entering as individuals, please report to Rugby area to confirm which session you are warming up in
- Please make sure your swimmers have their warm up at the specified time and remember to supervise them.
- Swimmers aren't allowed to dive in (except in sprint lanes), hang onto the lane ropes or get out of the pool over the timing pads.

LANE 8	Window side	ANTI CLOCKWISE	
LANE 7		CLOCKWISE	
LANE 6		ANTI CLOCKWISE	Shallow
LANE 5		CLOCKWISE	end
LANE 4		ANTI CLOCKWISE	
LANE 3		CLOCKWISE	
LANE 2		ANTI CLOCKWISE	
LANE 1	Balcony side	CLOCKWISE	

Withdrawals

- Please confirm any withdrawals for Session 1 by Friday 11th March as it will be too late to remove swimmers from the session once clubs arrive poolside.
- Any withdrawals for Session 2, 3 or 4 should be submitted before the warm up for Session begins.

Results and awards

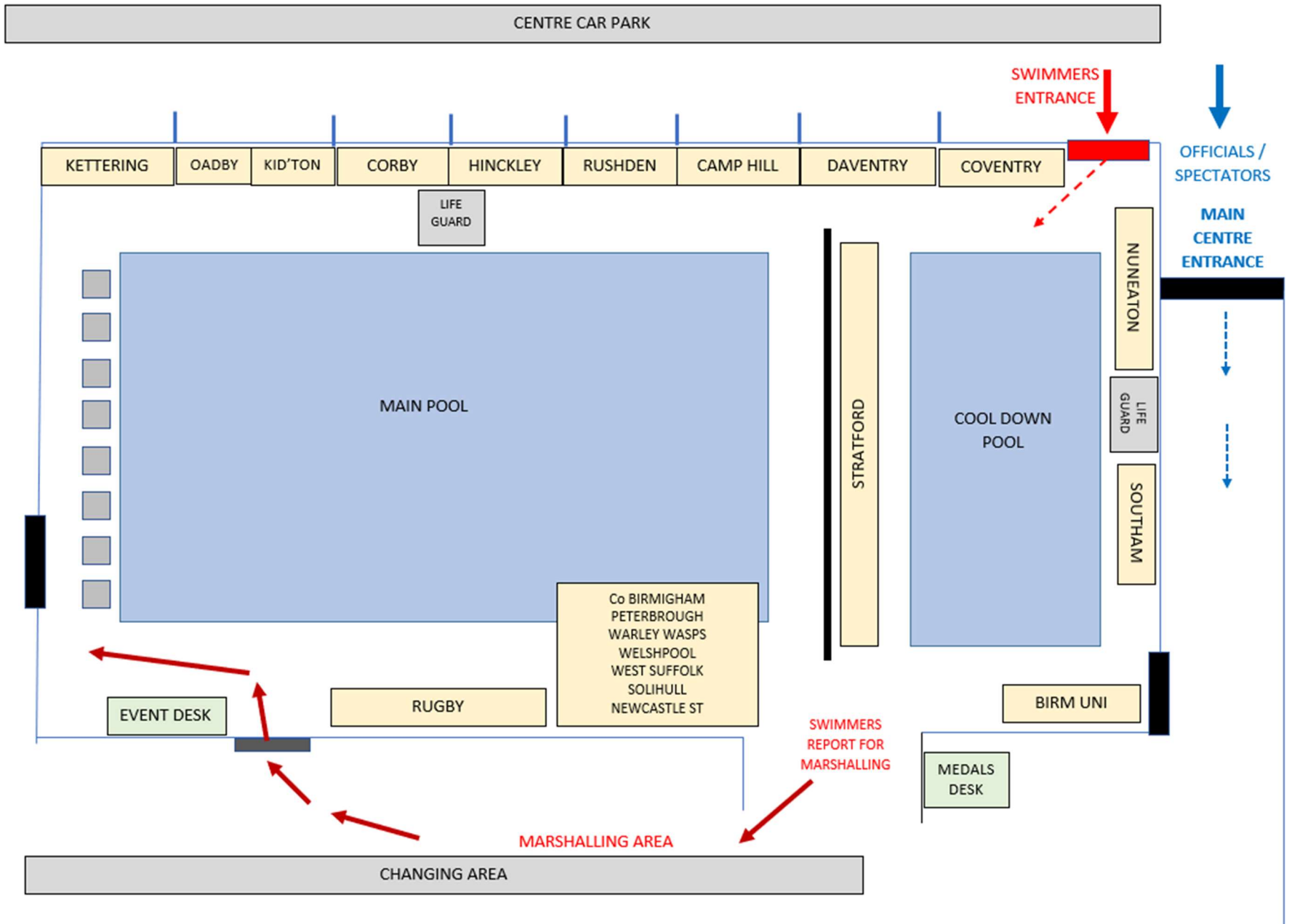
- During the event, results will be posted near the shallow end of the pool and on the public balcony. They'll also be available on the club website: www.rugbyswimmingclub.co.uk
- Awards are made 1st – 3rd in all events
- Categories are: 9/10, 11/12, 13/14, 15/over
- Swimmers can collect their awards from the medal table after the results have been processed - it's at the poolside entrance to the changing rooms. Age is at 13th March 2022
- For swimmers achieving an event **time ending in a zero or five, we'll be handing out Cadbury's Creme Eggs!** Swimmers to collect them from the medal table once results are published

Spectators

- Spectators will be available to pay by cash or card on the day
- The cost for spectators is £4 per session, or £7 all day entry. Under 16's are free. Programmes are available at a cost of £2
- Programmes and raffle tickets will be available to purchase on the day

On the day Contacts

- On the day, we will have the following people poolside to help with any issues:
 - Events Team: Amanda Moran and Jo Morris (positioned at the poolside event desk)
 - Officials Coordinator: Kirsty Chaplin (poolside)
 - On the Day Coordinator: Stacey Banks (poolside)
 - Rugby Team Manager: Michelle McCormick (poolside)
 - Chairman: Michael Moran (poolside)
- Please do not hesitate to speak to the team with regards any queries, or if you would like to follow up after the event please contact:
 - Amanda at rugbyopen@rugbyswimmingclub.co.uk
 - Michael at chairman@rugbyswimmingclub.co.uk



Pool Layout Diagram